



# Campus Programs for Minors: July 2022 Newsletter



<b>Summer Newsletter</b>	<b>1</b>
We Have Moved!	2
Heat Stroke/Heat Exhaustion	3
Incident Reporting	5



## We Have Moved!

We have officially moved offices! University Youth Programs is now housed in the General Services Complex (GSC).

Agatha Scales *Program Coordinator* Suite 2102D

Cyn Olvera *Assistant Director* Suite 2104

To most effectively serve our program sponsors, please note that email is the most effective form of communication. Please ensure that you are using the following emails, as correspondence received by phone or at our personal inboxes may not be seen as efficiently as needed:

[CircuiTree@TAMU.edu](mailto:CircuiTree@TAMU.edu) - any correspondence regarding the platform including access to your CircuiTree account, changes in application routing, and registration set-up.

[UYP@TAMU.edu](mailto:UYP@TAMU.edu) - any correspondence regarding risk mitigation, updates to your program, or any other general inquiries

---

## Heat Stroke/Heat Exhaustion

This summer, we have consistently experienced temperatures over 100°F. Several youth programs have already had to transport participants due to a heat related illness. Heat-related illness includes heat cramps, heat exhaustion, and heat stroke.

Please ensure that your program has a plan to address the heat. Train your staff on the symptoms of heat related illness and consider making changes to your schedule which allow for more frequent breaks and hydration.

The American Camp Association's [Extreme Heat - Preventing and Identifying Heat-Related Illness](#) is an excellent resource containing tips for youth programs, additional warning signs of heat-related illness, and other resources which could help facilitate training for your staff.

See helpful graphic on the following page.

# Extreme Heat

## Heat-Related Illnesses

Know the signs of heat-related illnesses and ways to respond. If you are sick and need medical attention, contact your healthcare provider for advice and shelter in place if you can. If you are experiencing a medical emergency call 9-1-1.

Get more detailed information about heat-related illnesses from the [CDC](#) and [National Weather Service](#).



### HEAT STROKE

- **Signs:**
  - Extremely high body temperature (above 103 degrees F) taken orally
  - Red, hot and dry skin with no sweat
  - Rapid, strong pulse
  - Dizziness, confusion or unconsciousness

**If you suspect heat stroke**, call 9-1-1 or get the person to a hospital immediately. Cool down with whatever methods are available until medical help arrives. Do not give the person anything to drink.



### HEAT CRAMPS

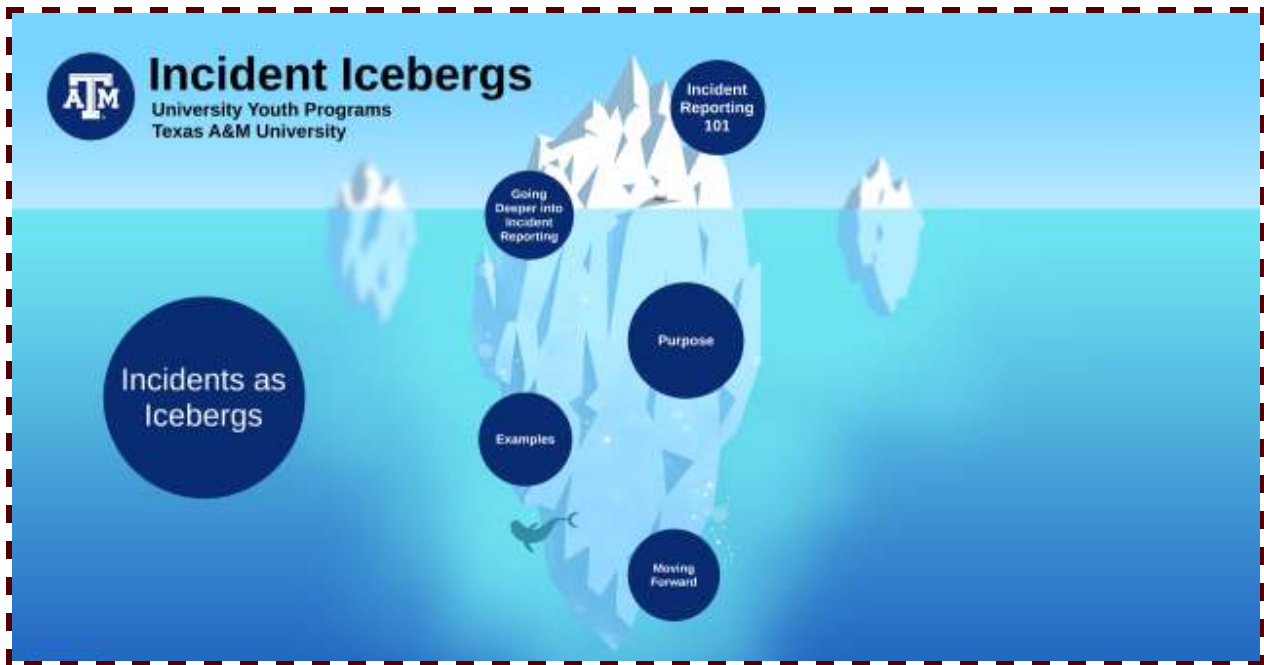
- **Signs:** Muscle pains or spasms in the stomach, arms or legs



### HEAT EXHAUSTION

- **Signs:** Heavy sweating, paleness, muscle cramps, tiredness, weakness, fast or weak pulse, dizziness, headache, fainting, nausea, vomiting

**If you have signs of heat cramps or heat exhaustion**, go to a cooler location and cool down by removing excess clothing and taking sips of sports drinks or water. Call your healthcare provider if symptoms get worse or last more than an hour.



[Incident Icebergs Prezi](#)

## Incident Reporting

Program Sponsors are required to complete the [Campus Programs for Minors Incident Report Form](#) within 24 hours of an incident occurring. Incidents encompass elevated behavioral issues, minor to major injuries, and any Child Protection Training related incidents. Any injury is reportable, to include minor injuries that may require a Band-Aid or over-the-counter medication.

For more information, please refer to **Section 9** of the [Texas A&M University Rule for Campus Programs for Minors \(24.01.06.M0.01\)](#) or contact [UYP@TAMU.edu](mailto:UYP@TAMU.edu)